



Carrie Fisher, L.M.T.
in cooperation with
THE UPLEDGER INSTITUTE, INC.
presents

Overview of CranioSacral Therapy

Here is your opportunity to sample The Upledger Institute's CranioSacral Therapy I (CST) workshop studied by more than 40,000 healthcare practitioners worldwide. This six-hour program is a mix of lecture, demonstration and hands-on practice designed to teach you the benefits of CST along with some basic techniques you can use in practice and for your own health.

CranioSacral Therapy is a gentle, hands-on method of evaluating and enhancing the function of the craniosacral system — the physiological body system comprised of the membranes and cerebrospinal fluid that surround and protect the brain and spinal cord.

Developed by John E. Upledger, DO, OMM, CranioSacral Therapy enhances the body's natural healing processes to improve the operation of the central nervous system, dissipate the negative effects of stress, enhance health and strengthen resistance to disease.

Among the medical conditions for which CranioSacral Therapy has shown to be effective are:

- Migraine Headaches
- Chronic Neck and Back Pain
- Motor-Coordination Impairments
- Central Nervous System Disorders
- Orthopedic Problems
- Scoliosis
- Infantile Disorders
- Autism
- Learning Disabilities
- Post-Surgical Dysfunctions
- Traumatic Brain and Spinal Cord Injury
- Emotional Difficulties
- Stress and Tension-Related Problems
- Temporomandibular Joint Dysfunction
- Chronic Fatigue
- Neurovascular or Immune Disorders
- Post-Traumatic Stress Disorder
- Fibromyalgia and other Connective Tissue Disorders.

**REGISTER
TODAY**

Overview of CranioSacral Therapy

**Instructor:
Carrie Fisher, L.M.T.**

**Call to Register:
(561) 338-8871**